



The APPLESEED

AUGUST 2019 NEWSLETTER

FROM MEMBERSHIP TO DISCIPLESHIP

“Beware, be on your guard against greed of every kind, for even when someone has more than enough, his possessions do not give him life.” – Luke 12:15

Welcome with God's peace and grace. As we enter the eighth month of this blessed year, we shout with joy, as the Psalmist says: *“Shout with joy to God, all the earth! Sing the glory of his name; make his praise glorious!”* It is with gratitude that all parishioners find themselves still in the boat with Jesus, in spite of rough waves and stormy winds that seem to torment us. Remember this – *“God will rescue us from the fowler's snare and from deadly pestilence, he will cover us with his wings; we will continue to find shelter and refuge beneath his pinions. His truth will be our shield and buckler”* (Psalm 91:1-4).

God is good all the time, He is great every day. Now it is midsummer, with families and individuals vacationing and travelling a great deal. Others are spending quality time with their children, or perhaps at a Summer camp, before the school year starts again. Above all this, church continues in steadfast prayer for everyone. We, the believers in Christ, are so grateful for this ongoing Pentecost season, with continued awareness that the unseen presence of the Holy Spirit is among and within us, whether we are continuously mindful of it or not. We are chosen and qualified by the Spirit to witness and declare the physical nature of the Lord's being, in part through our daily actions to others. We are in his mission, combining his wisdom with our love, praying and giving from what God has so generously given us. As witnesses and qualified disciples, we know the things that are freely given to us by God, through working hard and suffering.

This month we begin with Jesus's parable about the “rich man” who seem to feel comfortable with his great wealth: this man decides to build a warehouse to store all of his wealth for future use, so he can sit back and relax, admiring it all. Unfortunately, he did not live long to enjoy it, for he died the same night! He was blinded to the needs of others, and his self-reliance limited his insight, prompting him to hoard earthly wealth for himself. It was his choice at the time, but there was a better choice that Jesus might have suggested. The bible story ends there, but the real story actually continues into the future. Christians are encouraged to share what they have as an investment for future use, not to hold onto it as the rich man did. One way of sharing is with our time, prayers, and service in any way that we can. We know that we are people of God, and that his commandment to love him and to love our neighbors surely inspires us. Our relationship with him will flourish physically and spiritually over time, because we understand the value and nature of what he has loaned to us. While we are members of his mission, we are given enough for ourselves and enough to share with others. Continue to stay in love with God, and you will always do well and do no harm.

Shalom,
Pastor Iunisi Tovo

WOMEN'S STUDY GROUP

The next meeting of the Women's Study Group will be **Saturday, August 10, at 10:00 am** at the home of Charlotte Fisher
2872 Canfield Road, Sebastopol
info: 707-823-4817
fisherfarm@comcast.net

Lisa VenderBoom will lead the program.

GOLDEN RULE

Golden Rule meets on the second and fourth Thursdays of each month from 11:30 am to 1:00 pm in Epworthian Hall. We share a potluck meal and discuss religious and philosophical issues of mutual interest.

For info please contact the church office.

Next Meetings are 8/8 • 8/22 • 9/12

HOT DOG LUNCH !!!

The Mission Team's spectacular Hot Dog Lunch! Sunday, September 15 after worship in Epworthian Hall

AUGUST WORSHIP LEADERS

8/4 Susan Kinder
8/11 Florence Stone
8/18 Laura Williams
8/25 Vicky Ness

SATURDAY TABLE

We provide a monthly hot meal for our neighbors in need. Contributions of food and time are greatly appreciated. Can you help us with setup, serving, and/or clean-up? Can you provide food? Please sign up on the Saturday Table sheet in Epworthian Hall – Vi Moir and the team thank you!

- **August Saturday Table is 8/24 •**
- **September Saturday Table is 9/28 •**

Saturday Table Thanks for July: "Thank you to those who helped with the Saturday Table Lunch, for those in need of a meal, in the month of July. Those supplying food: Jennie Cheshier, Pat Schoch, Charlotte Fisher, Karen Bohn, Betty Stychno, and Beth Wakelee. Those working at Saturday Table: Beth Wakelee, Betty Stychno, Chris Beaty, Jennie Cheshier, Barbara Hansen, and Vi Moir.

We served 19 meals to our guests!
THANK YOU ALL." — Vi Moir

SEBASTOPOL INTER-CHURCH FOOD PANTRY

Thank you to everyone who once again donates clean, empty egg cartons for the Sebastopol Inter-Church Food Pantry! Hens are laying, so your cartons are needed and appreciated. Drop them off at the SCRIP table in Epworthian Hall on Sundays during Fellowship Hour. **THANK YOU.**

FIRST SUNDAY DISCUSSIONS

Have you participated in our recently-launched *First Sunday Discussion Table*? We meet in Epworthian Hall during Fellowship Hour on the **FIRST SUNDAY** of each month, to share information and views about the Methodist Church. *All are welcome!* Please join us as we explore and learn about the church we belong to.

THE AMAZING SEB UMC RUMMAGE SALE IS SATURDAY, AUGUST 31ST !!!

Our annual SebUMC Rummage Sale preparations are in full swing. Thanks to all who have been bringing donations. You can put them behind the partitions in Epworthian Hall. Please be mindful of the list below and bring things that are clean and in working order – something that you yourself would like to buy! Our shoppers tell us that our Rummage Sale is the best one in Sebastopol – let's continue to live up to our reputation! If you need help bringing your donations to the Church, you can let Susan Kinder know or leave a message at the church office (707-823-7971). We will continue to accept your donations throughout the month; PLEASE try to get your donations here before Sunday, August 25 (the start of Set-Up Week). Thank you!

OUR GOAL:

This is a huge and important fund-raiser for our church. This year our funds will go toward improvements to the Epworthian Hall kitchen. In the last couple of years, we have solved the termite problem, fixed the big crack in the roof between the Hall and the kitchen, and installed new lights. Yay!! Upcoming projects include painting the walls and refurbishing the cabinets. In addition to helping us to maintain and upgrade our facilities, the Rummage Sale is also a wonderful way for us to serve our community: we offer good-quality, low-priced items to people in our community who have limited funds. Every year, people thank us for having this sale... and we are "recycling" items, thereby helping the environment.

KICK-OFF LUNCH & ALL-HANDS WORK SESSION:

On Sunday, August 25, we begin Set-Up Week with a kick-off lunch and work session. This has become an annual tradition, like the sale it-

self, and we get an amazing amount done (and it's fun!). We provide a light lunch to fortify you for a bit of labor. Everyone, young and old, chips in to do the preliminary lay-out work that transforms Epworthian Hall into a big Rummage Sale Emporium -- we set up tables and label them; bring in boxes from the shed and the classrooms; and begin to sort and display items on the tables. It's fun to work together as a church family and to see our Rummage Sale take shape.

PREPARATION WEEK:

From Monday, August 26 through Friday, August 30, volunteers continue sorting, laying out, and pricing the donations. We work from approximately 9:00 am to 1:00 pm. This is drop-in volunteer time – EVERYONE IS WELCOME and you don't need to sign up in advance. Your help is gratefully accepted, and you can do a little pre-shopping before the Sale!

VOLUNTEERS FOR SATURDAY, AUGUST 31 – RUMMAGE SALE DAY:

Starting Sunday, August 11, we will have a sign-up sheet SALE-DAY VOLUNTEERS in Epworthian Hall. The hours of the Sale are 9:00 am to 1:00 pm; we need volunteers from 8:00 am to 3:00 pm. We will need GREETERS who hand out boxes and help shoppers find what they're looking for; TALLY PERSONS to tally purchases before check-out; and CHECK-OUT PERSONS to collect money. We also very much need SAINTS who are willing to stay after the sale and help with the clean-up process!

THANK YOU for reading this and for participating in any way that you can! Questions can be directed to Barbara Stranzl, Julie Barbic, or Susan Kinder.

RUMMAGE SALE DONATION GUIDELINES

Our amazing SUMC Rummage Sale will be held on Saturday, August 31. Our mission is to serve our community -- especially those on fixed incomes -- by offering good-quality, low-priced items; at the same time, we raise money for the needs of our church. **Your donations help us all.**

GUIDELINES FOR DONATIONS

The Rummage Sale Committee kindly requests that donations fit within the following guidelines to avoid leftover items that require excessive volunteer time & energy to dispose of if they don't sell. If you have a donation that you feel may sell, but doesn't fall within the guidelines, please talk it over with Barbara Stranzl, Susan Kinder, or Julie Barbic prior to bringing it in.

--- ALL ITEMS IN GOOD CONDITION CLEAN, NO STAINS, NOT BROKEN OR TORN ---

- **Kitchen items**
 - **YES:** utensils, pots, pans, cookware and bakeware, canning jars; dishes, glassware, mugs, serving dishes; silverware; small appliances (coffee grinders, etc).
 - **NO:** large appliances or microwaves; plastic storage containers (unless new/unused), personal water bottles. Small appliances must work and have all their parts.
- **Linens** *freshly laundered, in good condition only.*
 - **YES:** sheets, comforters, bedspreads, shams; bath towels, bath rugs; kitchen towels, aprons; tablecloths, placemats, table runners, cloth napkins; small curtains.
 - **NO:** drapes, bed pillows, memory foam items, mattresses of any kind.
- **Clothing** *freshly laundered, in good condition only, no stains, holes, or rips.*
 - **YES:** women's, men's, kids: tops, pants, jackets, coats, sweaters, pajamas, shoes, socks, belts, purses, wallets, hats.
 - **NO:** Underwear, slippers, or other lingerie.
- **Jewelry** *costume jewelry only.*
 - **YES:** earrings, necklaces, bracelets, rings, brooches, jewelry boxes.
 - **NO:** High-value jewelry.* *Make special arrangements with Barbara, Susan, or Julie to sell high-value items, including jewelry and antiques, through Treasure House, a nonprofit consignment shop which benefits the YWCA women's safe house as well as SUMC.*
- **Furniture**
 - **YES:** small, hand-carried items **ONLY**; lamps (must work & have shades in good condition), small tables, small chairs
 - **NO:** Large furniture, upholstered furniture; no cribs or high chairs.
- **Books** *Good condition, clean, not torn or marked*
 - **YES:** Paperback & hardback: fiction, nonfiction (published 2000 or newer), kids' books, art or picture books, cookbooks, Christian books.
 - **NO:** self-help books, non-fiction books prior to year 2000, encyclopedias, textbooks, manuals.
- **Kids toys** *clean, not broken, no parts missing*
 - **YES:** stuffed animals (**clean only**), games, puzzles, Legos, dolls, action figures, toy animals, cars, trucks, dollhouses, play sets., dress-up costumes.
 - **NO:** electronic kids' games; oversized stuffed animals may be accepted with pre-approval only.
- **Decorative Items**
 - **YES:** decorative pillows (**clean only**), picture frames, framed paintings, posters, vases, candle holders & candles, antiques, knickknacks. Hand-carry-able only.
- **Craft Supplies**
 - **YES:** fabric, yarn, thread, drawing paper, drawing pencils, crafting tools. Papercraft supplies, complete craft kits.
 - **NO:** paints, incomplete craft kits.
- **Pet Items, in clean condition only:**
 - **YES:** collars, leashes, bowls, beds, steps, small crates, small carriers.
 - **NO:** open food or other edibles.
- **Cleaning Equipment:**
 - **YES:** vacuums, brooms, mops, brushes.
 - **NO:** opened cleaning products.
- **Garden/Tools** *good condition only*
 - **YES:** hand carried tools **only**, electrical tools **must work**, ceramic pots (**no chipped or broken**), small outdoor furniture, umbrellas, plants, plant starts, hardware.
 - **NO:** large equipment or tools. ****No missing parts****
- **CD'S & DVD'S -- **NO LPS (Records)****
 - **YES:** **good condition**, complete sets, packaging intact
- **Miscellaneous**
 - **YES:** games, jigsaw puzzles, office supplies.
 - **NO:** office equipment

NONE OF THE FOLLOWING WILL BE ACCEPTED:

EXERCISE EQUIPMENT • LARGE OR OUTDATED SPORTS EQUIPMENT • LARGE or UPHOLSTERED FURNITURE • MATTRESSES OR BED PILLOWS • LARGE APPLIANCES • ELECTRONICS, INCLUDING TVs • BABY EQUIPMENT OF ANY KIND • CANS OF PAINT/ TOXICS

With thanks from the Rummage Sale Committee

DAILY READINGS AUGUST 2019

- **Thursday, August 1, 2019:** Psalm 107:1-9, 43; Hosea 8:1-14; Romans 11:33-36 OR Psalm 49:1-12; Proverbs 23:1-11; Romans 11:33-36
- **Friday, August 2, 2019:** Psalm 107:1-9, 43; Hosea 9:1-17; Ephesians 4:17-24 OR Psalm 49:1-12; Proverbs 24:1-12; Ephesians 4:17-24
- **Saturday, August 3, 2019:** Psalm 107:1-9, 43; Hosea 10:1-15; Mark 10:17-22 OR Psalm 49:1-12; Ecclesiastes 1:1-11; Mark 10:17-22
- **Sunday, August 4, 2019: Proper 13 (18)**
- **Monday, August 5, 2019:** Psalm 60; Hosea 11:12-12:14; Colossians 3:18-4:1 OR Psalm 127; Ecclesiastes 2:1-17; Colossians 3:18-4:1
- **Tuesday, August 6, 2019:** Psalm 60; Hosea 13:1-16; Colossians 4:2-6 OR Psalm 127; Ecclesiastes 3:16-4:8; Colossians 4:2-6
- **Wednesday, August 7, 2019:** Psalm 60; Hosea 14:1-9; Luke 12:22-31 OR Psalm 127; Ecclesiastes 12:1-8, 13-14; Luke 12:22-31
- **Thursday, August 8, 2019:** Psalm 50:1-8, 22-23; Isaiah 9:8-17; Romans 9:1-9 OR Psalm 33:12-22; Job 21:1-16; Romans 9:1-9
- **Friday, August 9, 2019:** Psalm 50:1-8, 22-23; Isaiah 9:18-10:4; Acts 7:1-8 OR Psalm 33:12-22; Ecclesiastes 6:1-6; Acts 7:1-8
- **Saturday, August 10, 2019:** Psalm 50:1-8, 22-23; Isaiah 1:2-9, 21-23; Matthew 6:19-24 OR Psalm 33:12-22; Genesis 11:27-32; Matthew 6:19-24
- **Sunday, August 11, 2019: Proper 14 (19)**
- **Monday, August 12, 2019:** Psalm 11; Isaiah 2:1-4; Hebrews 11:1-7 OR Psalm 89:1-18; 2 Chronicles 33:1-17; Hebrews 11:1-7
- **Tuesday, August 13, 2019:** Psalm 11; Isaiah 24:1-13; Hebrews 11:17-28 OR Psalm 89:1-18; 2 Chronicles 34:22-33; Hebrews 11:17-28
- **Wednesday, August 14, 2019:** Psalm 11; Isaiah 24:14-23; Luke 12:41-48 OR Psalm 89:1-18; Jeremiah 33:14-26; Luke 12:41-48
- **Thursday, August 15, 2019:** Psalm 80:1-2, 8-19; Isaiah 2:5-11; Hebrews 10:26-31 OR Psalm 82; Joshua 7:1, 10-26; Hebrews 10:26-31
- **Friday, August 16, 2019:** Psalm 80:1-2, 8-19; Isaiah 3:1-17; Hebrews 10:32-39 OR Psalm 82; 1 Samuel 5:1-12; Hebrews 10:32-39
- **Saturday, August 17, 2019:** Psalm 80:1-2, 8-19; Isaiah 3:18-4:6; Matthew 24:15-27 OR Psalm 82; 1 Samuel 6:1-16; Matthew 24:15-27
- **Sunday, August 18, 2019: Proper 15 (20)**
- **Monday, August 19, 2019:** Psalm 74; Isaiah 5:8-23; 1 John 4:1-6 OR Psalm 32; Jeremiah 23:30-40; 1 John 4:1-6
- **Tuesday, August 20, 2019:** Psalm 74; Isaiah 5:24-30; Acts 7:44-53 OR Psalm 32; Jeremiah 25:15-29; Acts 7:44-53
- **Wednesday, August 21, 2019:** Psalm 74; Isaiah 27:1-13; Luke 19:45-48 OR Psalm 32; Jeremiah 25:30-38; Luke 19:45-48
- **Thursday, August 22, 2019:** Psalm 71:1-6; Jeremiah 6:1-19; Hebrews 12:3-17 OR Psalm 103:1-8; Numbers 15:32-41; Hebrews 12:3-17
- **Friday, August 23, 2019:** Psalm 71:1-6; Jeremiah 6:20-30; Acts 17:1-9 OR Psalm 103:1-8; 2 Chronicles 8:12-15; Acts 17:1-9
- **Saturday, August 24, 2019:** Psalm 71:1-6; Jeremiah 1:1-3, 11-19; Luke 6:1-5 OR Psalm 103:1-8; Nehemiah 13:15-22; Luke 6:1-5
- **Sunday, August 25, 2019: Proper 16 (21)**
- **Monday, August 26, 2019:** Psalm 10; Jeremiah 7:1-15; Hebrews 3:7-4:11 OR Psalm 109:21-31; Ezekiel 20:1-17; Hebrews 3:7-4:11
- **Tuesday, August 27, 2019:** Psalm 10; Jeremiah 7:16-26; Revelation 3:7-13 OR Psalm 109:21-31; Ezekiel 20:18-32; Revelation 3:7-13
- **Wednesday, August 28, 2019:** Psalm 10; Jeremiah 7:27-34; Luke 6:6-11 OR Psalm 109:21-31; Ezekiel 20:33-44; Luke 6:6-11
- **Thursday, August 29, 2019:** Psalm 81:1, 10-16; Jeremiah 11:1-17; 1 Peter 3:8-12 OR Psalm 112; Proverbs 15:13-17; 1 Peter 3:8-12
- **Friday, August 30, 2019:** Psalm 81:1, 10-16; Jeremiah 12:1-13; 1 Peter 4:7-11 OR Psalm 112; Proverbs 18:6-12; 1 Peter 4:7-11
- **Saturday, August 31, 2019:** Psalm 81:1, 10-16; Jeremiah 2:1-3, 14-22; Matthew 20:20-28 OR Psalm 112; Proverbs 21:1-4, 24-26; Matthew 20:20-28
- **Sunday, September 1, 2019: Proper 17 (22)**



AUGUST 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Centering Prayer 12-1pm Sanctuary	1	2 Open Prayer 12-1pm Sanctuary	3
4 Worship 10:30 COMMUNION Discussion Table	5	6	7 Centering Prayer 12-1pm Sanctuary	8 Mission Team Golden Rule	9 Open Prayer 12-1pm Sanctuary	10 Women's Study Group
11 Worship 10:30	12 TREE REMOVAL: Parking Lot may be BLOCKED	13 TREE REMOVAL: Parking Lot may be BLOCKED	14 TREE REMOVAL: Parking Lot may be BLOCKED	15	16	17
18 Worship 10:30	19	20	21 Centering Prayer 12-1pm Sanctuary	22 Golden Rule Worship Team	23 Open Prayer 12-1pm Sanctuary	24 Saturday Table
25 Worship 10:30 Rummage: Lunch	26	27	28 Centering Prayer 12-1pm	29	30 Open Prayer 12-1pm	31 RUMMAGE SALE !!!!!!!!!

SEND YOUR
SUBMISSIONS
FOR THE NEXT
APPLESEED!

.... RUMMAGE SALE SETUP: SUNDAY 8/25 THRU FRIDAY 8/30

SEB UMC --> RUMMAGE SALE <-- WILL BE ON
SATURDAY, AUGUST 31ST -- COME AND GET YOUR
FANTASTIC BARGAINS!!

Sebastopol United Methodist Church 500 North Main Street, Sebastopol CA 95472
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SCRIP SALES SUPPORT SEB UMC! THANK YOU!!