



OPEN HEARTS • OPEN MINDS • OPEN DOORS

THE APPLESEED

MARCH 2020 NEWSLETTER

MINISTRIES AND LEADERSHIP – LEARNING TOGETHER, SERVING TOGETHER

FROM MEMBERSHIP TO DISCIPLESHIP... TO CARING... TO SHARING

“God has plan for us - his way, not our way”

Greetings in the name of God, who was, is, and will be forever. The Lenten season is celebrated by all Christians, focusing on God’s unfailing love for Christ his Son, including his final suffering and journey to the cross. This forty-day pilgrimage reminds us of the extraordinary efforts of Christ the Savior’s perseverance in order to fulfill God’s promise of salvation for all mankind.

Jeremiah 29:11 is a favorite verse that parents share with their children to encourage them -- “I know the plans I have for you... plans to prosper you and not to harm you, plans to give you hope and a future.”

It’s a beautiful promise, but it needs a bit of context. His words help us to see that God is saying there is hope for his people. These words were originally meant for the Israelites while they were in Babylonian captivity, where they endured almost seventy years of slavery. Their future hinged upon earnestly seeking God, who longed to bring them back home.

We are also on a journey through a time of uncertainty -- politically, economically, and spiritually. Are we in some kind of captivity ourselves? Do we feel that we are exiled from our homeland? If we feel this way, the way home, and the way to freedom, is by earnestly seeking God. God is faithfulness. Christians around the world take this celebratory season of Lent as a time of spiritual renewal through meditating, fasting, and praying. These practices will meaningfully enhance faith. When we limit what we know about our faith, we are susceptible to failing when things happen unexpectedly.

A good way to start the day during Lent is with a reading from a devotional (like The Upper Room), which can help you connect yourself and with others through prayer; and by using your skills and creativity – such as with music or storytelling – you can explore spirituality in ways that are meaningful to you. I encourage everyone to pray intentionally, to re-focus consciously, and to seek a deeper relationship with the Spirit of our Lord. With this kind of commitment, and loving blissfully, we open ourselves up to things beyond our knowledge. We can easily handle things that he already planned with power for us. Inspire with his spirit to build confidence with love. Share your spiritual experience with whoever you meet as they may encourage others as well.

May you all enjoy days ahead in Lent and explore life extensively with Christ. He will lead us to the cross and his righteousness through suffering and hardships until all mankind receive salvation.

Shalom,
Pastor Lunisi Tovo



We welcome young Jove Moon Eagle Ieka Seip



MISSION TEAM CHILI LUNCH ~ SUNDAY, MARCH 15 ~

Please join us for the
always-popular and delicious
Mission Team Chili Luncheon fundraiser:

*Sunday, March 15th,
after worship*

Beef, turkey and vegetarian chilis will be
available, as well as salads, corn bread,
and cookies Oh my!

- THIS YEAR'S FUNDS WILL HELP US START AN
AFTER-SCHOOL PROGRAM FOR HIGH-SCHOOLERS •

SATURDAY TABLE

We provide a monthly hot meal for our neighbors in
need. Contributions of food and time are greatly ap-
preciated. Can you help us with setup, serving, and/
or clean-up? Can you provide food? Please sign up
on the Saturday Table sheet in Epworthian Hall – Vi
Moir and the team thank you!

- March Saturday Table is 3/28 •
- April Saturday Table is 4/25 •

LENTEN STUDY GROUP

Our three-week Lenten Study will be on
The Wesley Challenge:

21 Days to a More Authentic Faith
by Chris Folmsbee.

Thursdays at 2:00 pm in the Chapel
March 19 and 26; April 2

INFO: carolwegner@yahoo.com

WOMEN'S STUDY GROUP

The SebUMC "Power Women" – a.k.a. the
Women's Study Group – will gather
at the home of Janice Magnoli on
Saturday, March 14, at 10:00 am
304 Bloomfield Road, Sebastopol
info: 707-829-8132 janicemagnoli@gmail.com

MARCH WORSHIP LEADERS

- 3/1 Julie Barbic
- 3/8 Arthur George
- 3/15 Vicky Ness
- 3/22 Florence Stone
- 3/29 Matt Witteman

SCRIP HELPS SEB UMC !!

– Thank you for buying Scrip –

GOLDEN RULE

Golden Rule meets on the 2nd and 4th Thursday
of each month for luncheon and discussion –
Come and share in the giving and receiving
of food, fellowship, and ideas!

Information via Julie Barbic: 707-795-1690

- March 12 and 26; April 9 and 23 •

DAILY READINGS MARCH 2020

- Sunday, March 1, 2020: First Sunday in Lent
- Monday, March 2, 2020: Psalm 32; 1 Kings 19:1-8; Hebrews 2:10-18
- Tuesday, March 3, 2020: Psalm 32; Genesis 4:1-16; Hebrews 4:14-5:10
- Wednesday, March 4, 2020: Psalm 32; Exodus 34:1-9, 27-28; Matthew 18:10-14
- Thursday, March 5, 2020: Psalm 121; Isaiah 51:1-3; 2 Timothy 1:3-7
- Friday, March 6, 2020: Psalm 121; Micah 7:18-20; Romans 3:21-31
- Saturday, March 7, 2020: Psalm 121; Isaiah 51:4-8; Luke 7:1-10
- Sunday, March 8, 2020: Second Sunday in Lent
- Monday, March 9, 2020: Psalm 128; Numbers 21:4-9; Hebrews 3:1-6
- Tuesday, March 10, 2020: Psalm 128; Isaiah 65:17-25; Romans 4:6-13
- Wednesday, March 11, 2020: Psalm 128; Ezekiel 36:22-32; John 7:53-8:11
- Thursday, March 12, 2020: Psalm 95; Exodus 16:1-8; Colossians 1:15-23
- Friday, March 13, 2020: Psalm 95; Exodus 16:9-21; Ephesians 2:11-22
- Saturday, March 14, 2020: Psalm 95; Exodus 16:27-35; John 4:1-6
- Sunday, March 15, 2020: Third Sunday in Lent
- Monday, March 16, 2020: Psalm 81; Genesis 24:1-27; 2 John 1:1-13
- Tuesday, March 17, 2020: Psalm 81; Genesis 29:1-14; 1 Corinthians 10:1-4
- Wednesday, March 18, 2020: Psalm 81; Jeremiah 2:4-13; John 7:14-31, 37-39
- Thursday, March 19, 2020: Psalm 23; 1 Samuel 15:10-21; Ephesians 4:25-32
- Friday, March 20, 2020: Psalm 23; 1 Samuel 15:22-31; Ephesians 5:1-9
- Saturday, March 21, 2020: Psalm 23; 1 Samuel 15:32-34; John 1:1-9
- Sunday, March 22, 2020: Fourth Sunday in Lent
- Monday, March 23, 2020: Psalm 146; Isaiah 59:9-19; Acts 9:1-20
- Tuesday, March 24, 2020: Psalm 146; Isaiah 42:14-21; Colossians 1:9-14
- Wednesday, March 25, 2020: Annunciation of the Lord
- Wednesday, March 25, 2020: Psalm 146; Isaiah 60:17-22; Matthew 9:27-34
- Thursday, March 26, 2020: Psalm 130; Ezekiel 1:1-3, 2:8-3:3; Revelation 10:1-11
- Friday, March 27, 2020: Psalm 130; Ezekiel 33:10-16; Revelation 11:15-19
- Saturday, March 28, 2020: Psalm 130; Ezekiel 36:8-15; Luke 24:44-53
- Sunday, March 29, 2020: Fifth Sunday in Lent
- Monday, March 30, 2020: Psalm 143; 1 Kings 17:17-24; Acts 20:7-12
- Tuesday, March 31, 2020: Psalm 143; 2 Kings 4:18-37; Ephesians 2:1-10
- Wednesday, April 1, 2020: Psalm 143; Jeremiah 32:1-9, 36-41; Matthew 22:23-33
- Thursday, April 2, 2020: Psalm 31:9-16; 1 Samuel 16:11-13; Philippians 1:1-11
- Friday, April 3, 2020: Psalm 31:9-16; Job 13:13-19; Philippians 1:21-30
- Saturday, April 4, 2020: Psalm 31:9-16; Lamentations 3:55-66; Mark 10:32-34
- Sunday, April 5, 2020: Liturgy of the Palms
- Sunday, April 5, 2020: Liturgy of the Passion



EASTER LILIES CAN BE ORDERED FROM SUNDAY, MARCH 22 THROUGH SUNDAY, APRIL 2
ORDER FORMS WILL BE IN UPCOMING BULLETINS  THANK YOU

MARCH 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Worship 10:30 COMMUNION Lent 1	2	3	4 Centering Prayer 12-1pm Sanctuary	5	6	7
8 Worship 10:30 Lent 2 DAYLIGHT SAVING TIME BEGINS	9	10	11 Open and Intercessory Prayers 12-1pm Sanctuary	12 Mission Team Golden Rule	13	14 Women's Study 10am
15 Worship 10:30 Lent 3	16	17	18 Open and Intercessory Prayers 12-1pm Sanctuary	19 LENTEN STUDY 1 of 3	20	21
22 Worship 10:30 Lent 4 ORDER EASTER LILIES	23	24	25 Open and Intercessory Prayers 12-1pm Sanctuary	26 Golden Rule LENTEN STUDY 2 of 3	27	28 Saturday Table
29 Worship 10:30 Lent 5 ORDER EASTER LILIES	30	April 1	2 Open and Intercessory Prayers 12-1pm Sanctuary	3 LENTEN STUDY 3 of 3	4	5 TOMORROW IS PALM SUNDAY

SEND YOUR
SUBMISSIONS
FOR THE NEXT
APPLESEED!

~ HOLY WEEK CELEBRATIONS AT SEB UMC ~

April 5: Palm Sunday Worship & Palm Parade April 12: Easter Sunday Worship
 April 9: Maundy Thursday Service & Soup Supper – 5:30-6:30 pm in Epworthian Hall

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 office phone: (707) 823-7971 email: sebumc@sonic.net website: sebumc.org

REMEMBER: DAYLIGHT SAVING TIME BEGINS SUNDAY, MARCH 8 !!